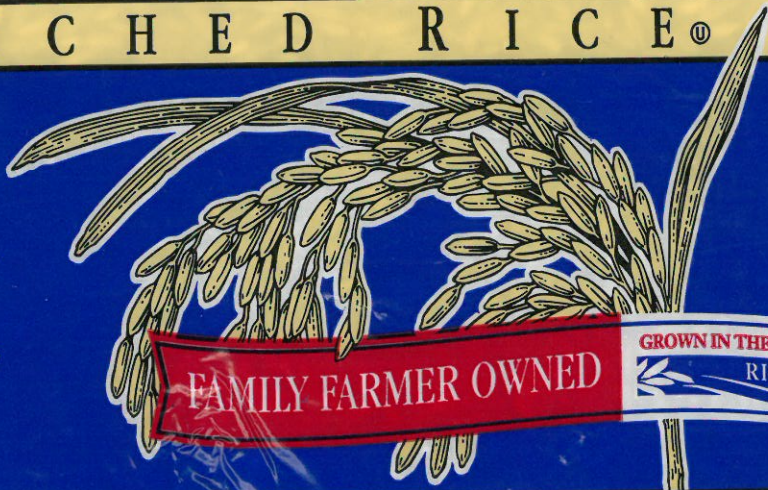


RICELAND®

E N R I C H E D R I C E®

*Gluten
Free*

EXTRA
LONG
GRAIN



GROWN IN THE USA
RICE

Nutrition Facts

Serving Size 1/4 cup (45g) dry
About 1 cup cooked
Servings About 20

Calories 160

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/Serving	%DV*	Amount/Serving	%DV*
Total Fat 0g	0%	Potassium 40mg	1%
Saturated Fat 0g	0%	Total Carb. 35g	12%
Trans Fat 0g		Protein 3g	
Sodium 0mg	0%		
Iron 8% • Thiamine 15% • Niacin 8% • Folate 15%			

Not a significant source of calories from fat, cholesterol, dietary fiber, sugars, Vitamin A, Vitamin C, and calcium.

INGREDIENTS:

EXTRA LONG GRAIN RICE,
IRON PHOSPHATE, NIACIN,
THIAMINE MONONITRATE,
FOLIC ACID.

RICELAND

Riceland Foods, Inc.