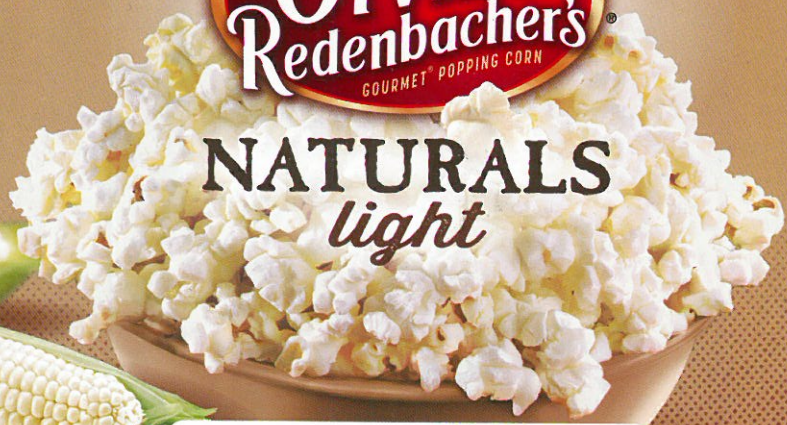




Orville Redenbacher's
GOURMET[®] POPPING CORN



NATURALS
light



KD

MICROWAVE POPCORN

3-76.3g BAGS NET WT 8.07 OZ (228.9g)

SIMPLY SALTED
CLASSIC BAG

100% WHOLE GRAIN

50% LESS FAT AND
20% LESS CALORIES
THAN REGULAR
BUTTER FLAVORED
MICROWAVE
POPPING CORN

3
CLASSIC
BAGS

PER
2
TBSP
UNPOPPED

| | | | |
|------------------------|---------------------------------|----------------------------------|---------------------|
| 130 Calories | 2g Sat. Fat 10% DV | 250mg Sodium 10% DV | 0g Sugars |
|------------------------|---------------------------------|----------------------------------|---------------------|

Nutrition Facts

Serving Size 2 tbsp (31g) unpopped

(makes about 4.5 cups popped)

Servings Per Bag: about 2.5

Servings Per Carton: about 7

| Amount Per Serving | 2 Tbsp Unpopped | 1 Cup Popped |
|-------------------------------|-----------------|--------------|
| Calories | 130 | 25 |
| Calories from Fat | 45 | 10 |
| % Daily Value** | | |
| Total Fat 5g* | 8% | 2% |
| Saturated Fat 2g | 10% | 0% |
| Trans Fat 0g | | |
| Polyunsaturated Fat 0.5g | | |
| Monounsaturated Fat 1.5g | | |
| Cholesterol 0mg | 0% | 0% |
| Sodium 250mg | 10% | 2% |
| Potassium 65mg | 2% | 0% |
| Total Carbohydrate 20g | 7% | 1% |
| Dietary Fiber 3g | 12% | 3% |
| Protein 3g | | |
| Iron | 2% | 0% |

Not a significant source of Sugars, Vitamin A, Vitamin C and Calcium.

* Amount in unpopped. As popped 1 cup provides 1g of total fat (0g saturated fat, 0g trans fat, 0g polyunsaturated fat, 0g monounsaturated fat), 0mg cholesterol, 40mg sodium, 15mg potassium, 4g total carbohydrate (less than 1g dietary fiber) and less than 1g protein.

** Percent Daily Values (%DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2,000 | 2,500 |
|--------------------|-----------|---------|---------|
| Total Fat | Less than | 65g | 80g |
| Saturated Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Potassium | | 3,500mg | 3,500mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

100% ORVILLE REDENBACHER'S® GOURMET® POPPING CORN. INGREDIENTS: WHOLE GRAIN POPPING CORN, PALM OIL, SALT, MIXED TOCOPHEROLS (FOR FRESHNESS).

Orville Redenbacher's Butter (35g serving) - 12g fat, 170 calories. Orville Redenbacher's Naturals Light Simply Salted (31g serving) - 5g fat, 130 calories.