

Using Infant Formula Plan, Shop, Pack List: Using Infant Formula

Ingredients (For Activity)

- WIC-approved formula (powder, liquid, and ready-to-feed bottles or cans)

Disposable Supplies

- Small plastic/paper bowl

Prepare before class

- Using masking tape and a marker, write the total price and price per ounce of prepared formula on each of the formula containers.
- Fill in the cost of each kind of formula to feed a newborn for a month on the lesson plan under *Using infant formula* activity on page 18.
- Write the date you recorded these figures to the lesson plan.
- Print copies of the *Feeding Your New Baby* questionnaire (1 for each participant).

Equipment

- Calculator

Using Infant Formula Plan, Shop, Pack List: Using Infant Formula

Cleaning supplies

- Hand sanitizer
- Hand soap
- Paper towels
- Dish soap
- Sanitizing wipes or spray
- Trash bags

First aid supplies

- Antibacterial wipes
- Fabric bandages (multiple sizes including knuckle and fingertip)
- Finger cots
- Disposable gloves

Educator: _____

Group Name: _____

of participants in group: _____ **Date of lesson:** _____

Notes: _____
