



Nutrition Facts

about 3.5 servings per container
Serving size 1/2 cup (125g)

Amount per serving
Calories 45

	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 9g	3%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 1g	
Vit. D 0mcg 0%	• Calcium 14mg 2%
Iron 0mg 0%	• Potas. 125mg 2%

* The % Daily Value tells you how much nutrient in a serving of food compares to what your daily diet. 2,000 calories a day is used as a general nutrition advice.

INGREDIENTS: CORN, WATER, SALT.

DISTRIBUTED BY:
Wal-Mart Stores, Inc.
Bentonville, AR 72716

Best if used by date on label.
After opening, store in a paper container and refrigerate.

