Häagen-Dazs
CHOCOLATE
PEANUT BUTTER
ICE CREAM

Nutrition Facts
About 2.5 servings per container
Serving Size 2/3 cup (138g)
Calories
Per serving 450
Per Container 1180
% DV*
Total Fat 29g 37% 77g 99%
Saturated Fat 14g 70% 36g 180%
Trans Fat 0.5g 1.5g
Cholesterol 85mg 28% 225mg 75%
Sodium 115mg 5% 300mg 13%
Total Carbohydrate 36g 13% 95g 34%
Dietary Fiber 3g 10% 7g 25%
Total Sugars 31g 81g
Incl. Added Sugars 24g 48% 64g 128%
Protein 10g 26g
Vitamin D 0.6mcg 2% 1.7mcg 8%
Calcium 150mg 10% 420mg 30%
Iron 1.8mg 10% 4.8mg 25%
Potassium 290mg 6% 780mg 15%
450
INGREDIENTS: CREAM, SKIM MILK,
PEANUTS, EGG YOLKS, CHOCOLATE,
PROCESSED WITH ALKALI,
CONTAINS: MILK, PEANUT AND
DISTRIBUTED BY
NESTLÉ DREYER'S ICE CREAM
OAKLAND, CA 94618
†SGS VERIFIED THE NESTLÉ
FOR MANUFACTURING THIS
WITH NO GMO INGREDIENTS
sgs.com/no-gmo
0 74570 95011