



Nutrition Facts

About 3 servings per container

Serving size About 12 chips (28g)

	Per serving		Per package	
		150	410	
		% DV*		% DV*
Calories				
Total Fat	8g	10%	21g	27%
Saturated Fat	1g	5%	3g	15%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	190mg	8%	510mg	22%
Total Carb.	18g	6%	49g	18%
Dietary Fiber	1g	4%	3g	12%
Total Sugars	less than 1g		2g	
Protein	2g		5g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	30mg	2%	90mg	6%
Iron	0.3mg	0%	0.7mg	4%
Potassium	50mg	0%	150mg	2%

Not a significant source of added sugars.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CORN, VEGETABLE OIL (SUNFLOWER, CANOLA, AND/OR CORN OIL), MALTODEXTRIN (MADE FROM CORN), SALT, WHEY, CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), BUTTERMILK, MONOSODIUM GLUTAMATE, ROMANO CHEESE (COW'S MILK, CHEESE CULTURES, SALT, ENZYMES), ONION POWDER, CORN FLOUR, NATURAL AND ARTIFICIAL FLAVORS, DEXTROSE, TOMATO POWDER, WHEY PROTEIN CONCENTRATE, SPICES, LACTOSE, ARTIFICIAL COLOR (YELLOW 6, YELLOW 5, RED 40), POTASSIUM CHLORIDE, LACTIC ACID, SODIUM CASEINATE, CITRIC ACID, SUGAR, GARLIC POWDER, RED AND GREEN BELL PEPPER POWDER, SKIM MILK, DISODIUM INOSINATE, AND DISODIUM GUANYLATE.
CONTAINS MILK INGREDIENTS.