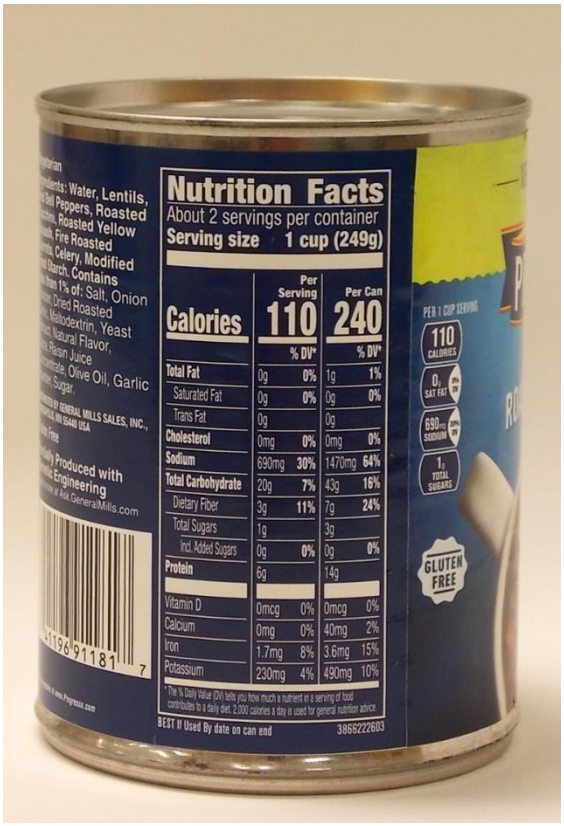

VEGETABLE CLASSICS
PROGRESSO
SOUP
LENTIL WITH
ROASTED VEGETABLES
NO ARTIFICIAL
FLAVORS
NET WT. 19 OZ (1 LB 3 OZ) 538g



Nutrition Facts

About 2 servings per container

Serving size 1 cup (249g)

	Per Serving		Per Can	
Calories	**110**		**240**	
		% DV*		**% DV***
Total Fat	0g	**0%**	1g	**1%**
Saturated Fat	0g	**0%**	0g	**0%**
Trans Fat	0g		0g	
Cholesterol	0mg	**0%**	0mg	**0%**
Sodium	690mg	**30%**	1470mg	**64%**
Total Carbohydrate	20g	**7%**	43g	**16%**
Dietary Fiber	3g	**11%**	7g	**24%**
Total Sugars	1g		3g	
Incl. Added Sugars	0g	**0%**	0g	**0%**
Protein	6g		14g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	0mg	0%	40mg	2%
Iron	1.7mg	8%	3.6mg	15%
Potassium	230mg	4%	490mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

BEST If Used By date on can end

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PER 1 CUP SERVING

110 CALORIES

0g SAT FAT 0%

690mg SODIUM 30%

1g TOTAL SUGARS

GLUTEN FREE

Contains: Water, Lentils, ... Bell Peppers, Roasted ... Tomatoes, Roasted Yellow ... Tomatoes, Fire Roasted ... Onions, Celery, Modified ... Food Starch. Contains ... less than 1% of: Salt, Onion ... Powder, Dried Roasted ... Garlic, Maltodextrin, Yeast ... Extract, Natural Flavor, ... Spice, Raisin Juice ... Concentrate, Olive Oil, Garlic ... Powder, Sugar.

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