



Nutrition Facts

Serving Size 1 cup, 8 fl oz (240mL)

Servings Per Container 4

Amount per serving

Calories 90 Calories from Fat 20

% Daily Value*

Total Fat 2g **3%**

Saturated Fat 0g **0%**

Trans Fat 0g

Polyunsaturated Fat 1g

Monounsaturated Fat 0.5g

Cholesterol 0mg **0%**

Sodium 80mg **3%**

Potassium 170mg **5%**

Total Carbohydrate 15g **5%**

Dietary Fiber less than 1g **2%**

Sugars 5g

Protein 4g

Vitamin A 10% • Vitamin C 0%

Calcium 20% • Iron 4%

Vitamin D 25% • Phosphorus 15%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	less than	65g	80g
Sat Fat	less than	20g	25g
Cholesterol	less than	300mg	300mg
Sodium	less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: ORGANIC SOYMILK (FILTERED WATER, WHOLE ORGANIC SOYBEANS), RICE AND BARLEY MALT, TRICALCIUM PHOSPHATE, SEA SALT, VITAMIN A PALMITATE, VITAMIN D2.
CONTAINS: SOY