



Nutrition Facts

About 6 servings per container
Serving size 2.5 oz (70g/ about 1/6 Box)
(Makes about 1 cup)

	Per 2.5 oz dry mix	Per 1 cup prepared*
	260	360
	% DV**	% DV**
Calories		
Total Fat	2.5g 3%	12g 16%
Saturated Fat	1.5g 7%	4.5g 22%
Trans Fat	0g	0g
Cholesterol	10mg 4%	10mg 4%
Sodium	560mg 24%	710mg 31%
Total Carbohydrate	48g 17%	49g 18%
Dietary Fiber	2g 8%	2g 8%
Total Sugars	8g	9g
Incl. Added Sugars	0g 0%	0g 0%
Protein	9g	10g
Vitamin D	0mcg 0%	0mcg 0%
Calcium	120mg 10%	140mg 10%
Iron	2.6mg 15%	2.7mg 15%
Potassium	300mg 6%	330mg 8%

* As prepared using margarine with 0g Trans Fat and 2% reduced fat milk
 ** The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CONTAINS: MILK, WHEAT.
INGREDIENTS: ENRICHED MACARONI (WHEAT FLOUR, DURUM FLOUR, NIACIN, FERROUS SULFATE [IRON], THIAMINE MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), CHEESE SAUCE MIX (WHEY, MILKFAT, MILK PROTEIN CONCENTRATE, SALT, SODIUM TRIPHOSPHATE, CONTAINS LESS THAN 2% OF CITRIC ACID, LACTIC ACID, SODIUM PHOSPHATE, CALCIUM PHOSPHATE, WITH PAPRIKA, TURMERIC, AND ANNATTO ADDED FOR COLOR, ENZYMES, CHEESE CULTURE).