



Nutrition Facts

about 19 servings per container

Serving size 1/4 cup (38g)

Amount per serving

Calories 180

% Daily Value*

Total Fat 11g **14%**

Saturated Fat 2.5g **12%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 80mg **3%**

Total Carbohydrate 18g **7%**

Dietary Fiber 2g **8%**

Total Sugars 13g

Includes 5g Added Sugars **10%**

Protein 5g

Vit. D 0mcg 0% • Calcium 30mg 2%

Iron 0.8mg 4% • Potas. 240mg 6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PEANUTS, RAISINS, M&M'S® MILK CHOCOLATE CANDIES (MILK CHOCOLATE [SUGAR, CHOCOLATE, SKIM MILK, COCOA BUTTER, LACTOSE, MILKFAT, SOY LECITHIN, SALT, ARTIFICIAL AND NATURAL FLAVORS], SUGAR, CORN STARCH, LESS THAN 1% - CORN SYRUP, DEXTRIN, COLORING [INCLUDES BLUE 1 LAKE, YELLOW 6, RED 40, YELLOW 5, BLUE 1, YELLOW 6 LAKE, RED 40 LAKE, YELLOW 5 LAKE, BLUE 2 LAKE, BLUE 2], CARNAUBA WAX, GUM ACACIA), ALMONDS, CASHEWS, VEGETABLE OIL (PEANUT OIL, COTTONSEED OIL, SOYBEAN OIL AND/OR SUNFLOWER OIL), SEA SALT.

CONTAINS MILK, ALMONDS, CASHEWS, PEANUTS AND SOY. MAY CONTAIN TRACES OF EGGS, BRAZIL NUTS, COCONUT, HAZELNUTS, MACADAMIA NUTS, PECANS, PINE NUTS, PISTACHIOS, WALNUTS AND WHEAT.