



ALWAYS
MADE WITH
REAL
COCOA

Milk's Favorite Cookie

OREO

U.D.

NET WT
14.3 OZ (405g)

CHOCOLATE
SANDWICH COOKIES

BISCO

PER COOKIES

160
CALORIES

2g
SAT FAT
10% DV

135mg
SODIUM
6% DV

14g
TOTAL
SUGARS

SAT APPEARS WHEN OPENED

Nutrition Facts

about 12 servings per container
serving size 3 cookies (34g)

Amount per serving
Calories 160

% Daily Value*

Total Fat 7g	9%
Saturated Fat 2g	10%
<i>Trans Fat</i> 0g	
Cholesterol 0mg	0%
Sodium 135mg	6%
Total Carbohydrate 25g	9%
Dietary Fiber less than 1g	2%
Total Sugars 14g	
Includes 14g Added Sugars	28%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 1.4mg	8%
Potassium 50mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), SUGAR, PALM AND/OR COCOA OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, LEAVENING (BAKING SODA, AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, CHOCOLATE, ARTIFICIAL FLAVOR.
CONTAINS: WHEAT, SOY.

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MADE IN MEXICO