



## Nutrition Facts

Serving Size 1 cup, 8 fl oz (240mL)

Servings Per Container 4

### Amount per serving

**Calories** 130    Calories from Fat 30

% Daily Value\*

**Total Fat** 3.5g    **5%**

Saturated Fat 0.5g    **3%**

Trans Fat 0g

Polyunsaturated Fat 2g

Monounsaturated Fat 1g

**Cholesterol** 0mg    **0%**

**Sodium** 125mg    **5%**

**Potassium** 240mg    **7%**

**Total Carbohydrate** 18g    **6%**

Dietary Fiber 3g    **14%**

Sugars 12g

**Protein** 8g    **16%**

Vitamin A 0%    •    Vitamin C 0%

Calcium 4%    •    Iron 8%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		2,000	2,500
Total Fat	less than	65g	80g
Sat Fat	less than	20g	25g
Cholesterol	less than	300mg	300mg
Sodium	less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

**INGREDIENTS:** ORGANIC SOYMILK (FILTERED WATER, WHOLE ORGANIC SOYBEANS), FILTERED WATER, ORGANIC BROWN RICE SYRUP, SEA SALT.  
**CONTAINS:** SOY