



# Nutrition Facts

about 3.5 servings per container

Serving size 1/2 cup (125g)

Amount per serving  
**Calories 60**

% Daily Value\*

**Total Fat** 0g 0%

**Saturated Fat** 0g 0%

*Trans Fat* 0g

**Cholesterol** 0mg 0%

**Sodium** 300mg 13%

**Total Carbohydrate** 11g 4%

Dietary Fiber 3g 11%

Total Sugars 5g

Includes 2g Added Sugars 4%

**Protein** 3g

Vitamin D 0mcg 0% • Calcium 17mg 2%

Iron 1mg 6% • Potassium 133mg 2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PEAS, WHITE...  
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MARION, NY U.S.A. HIGHLY...  
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**Sweet Pea  
Stuffed**  
16 freeze-dried...  
1 jar (15.9 oz.)...  
1 container (2.0 oz.)...  
4 scallions, sliced...  
1/2 cup grated...  
cheese  
Pre-heat oven to 400°F...  
at these...  
directions...  
Spread...  
bottom of...  
In large bowl...  
scallions...  
mashed...  
pepper...  
Stir...  
Place on top...  
remaining...  
15 minutes...  
begins to brown...

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