



203401-081117

## Nutrition Facts

10 servings per container  
Serving size 2 Slices (57g/2.0oz)

Amount per serving  
**Calories 140**

% Daily Value\*

<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 180mg	<b>8%</b>
<b>Total Carbohydrate</b> 29g	<b>10%</b>
Dietary Fiber 2g	<b>6%</b>
Total Sugars 5g	
Includes 5g Added Sugars	<b>9%</b>

**Protein** 4g

Vitamin D 3.3mcg	15%
Calcium 360mg	30%
Iron 2.3mg	15%
Potassium 0mg	0%
Thiamin 0.3mg	30%
Riboflavin 0.2mg	20%
Niacin 2.2mg	15%
Folate 115mcg DFE (55mcg folic acid)	30%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED VITAMIN, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, HIGH FRUCTOSE CORN SYRUP, YEAST, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: CALCIUM CARBONATE, LECITHIN, WHEAT GLUTEN, D.I.C. DOUGH CONDITIONERS (CONTAINS ONE OR MORE OF THE FOLLOWING: SODIUM STEARATE, LACTATE, CALCIUM STEARATE, LACTATE, MONOLYSIN, L-ASCORBIC ACID, MONOLYSIN, DISTILLED MONOLYSIN, CALCIUM PEROXIDE, CALCIUM OXALATE, DATEM, ETHYLATED NIACIN AND DIGLYCIDYL ESTERS), SODIUM ACETATE, VINEGAR, MONOCALCIUM PHOSPHATE, YEAST EXTRACT, MODIFIED CORN STARCH, SUCROSE, SUGAR, SOY LECITHIN, CHOLECALCIFEROL, VITAMIN D3, SOY FLOUR, AMMONIUM SULFATE, CALCIUM SULFATE, CALCIUM PROPIONATE (TO RETARD SPOilage). 2034-021114

DISTRIBUTED BY  
FLOWERS BAKERIES, LLC  
THOMASVILLE, GA 31757

\*A 57g serving of white bread contains 62mg of Calcium per Serving. 1oz of Milk contains 275mg of Calcium. Wonder Club White Bread contains 360mg of Calcium per 57g (SODA Nutrition Database for Standard Reference Release 20).