



TEAR HERE

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LUNDBERG WILD BLEND RICE

CULTIVATING A
FAMILY TRADITION

Over the years, the Lundberg family has produced high quality rice products. It's our passion and has been for over four generations.

We've grown our rice sustainably, long before anyone used the word. Our farming methods conserve water resources, build soil integrity, and support a healthier ecosystem.

At Lundberg Family Farms[®], we specialize in whole grain, and gluten-free rice products. Nothing fancy there, just lots of natural deliciousness. Thanks for supporting sustainable farming!

-The Lundberg Family

Certified By the
GF Gluten Free
Certification
Gluten-Free
Organization
www.gluten.org

Manufactured & Distributed by
Lundberg Family Farms[®]
5311 Midway, PO Box 362, Richvale, CA 95974 USA
888-215-2958
www.lundberg.com

We recommend refrigeration for extended shelf life.

This product was manufactured with 100% renewable energy.

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Re-closeable With
VELCRO[®] Brand PRESS-LOK[®]

Nutrition Facts

About 10 servings
Serv. size 1/4 cup (dry) (45g)

Amount per serving
Calories 160

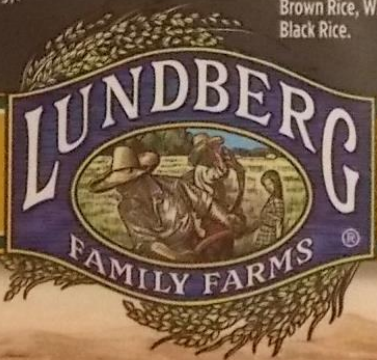
	% Daily Value*
Total Fat 1g	
Sat. Fat 0g	1%
Trans Fat 0g	0%
Cholest. 0mg	
Sodium 0mg	0%
Total Carb. 35g	13%
Fiber 3g	11%
Total Sugars 0g	
Incl. 0g Added Sugars	0%
Protein 4g	

Vit. D 0mcg 0% • Calcium 4mg 0%
Iron 1mg 6% • Potas. 136mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Long Grain Brown Rice, Sweet Brown Rice, Wild Rice, Wehani[®] Red Rice, Black Rice.

GOOD TASTE



GOOD HEALTH

100% WHOLE GRAIN
55g or more per serving
www.lundberg.com

BPA-Free