

ORIGINAL



8G PROTEIN PER SERVING

ORIGINAL

SOY



Silk

THE ORIGINAL
NUTRITION
POWERHOUSE™

*IN A DIET LOW IN SATURATED FAT AND CHOLESTEROL,
25 GRAMS OF SOY PROTEIN PER DAY MAY REDUCE
THE RISK OF HEART DISEASE. A SERVING OF SILK
ORIGINAL SOYMILK HAS 8 GRAMS OF SOY PROTEIN.

SOYMILK

64 FL. OZ (2 QTS) 1.89 L

Certified



**HEART
HEALTHY'** ♥

FREE FROM: ✓ DAIRY ✓ GLUTEN
✓ CARRAGEENAN
✓ CHOLESTEROL
✓ ARTIFICIAL COLORS & FLAVORS

Nutrition Facts

About 8 servings per container
Serving size 1 cup (240mL)

Amount per serving
Calories 110

% Daily Value*

Total Fat 4.5g	6%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 2.5g	
Monounsaturated Fat 1g	
Cholesterol 0mg	0%
Sodium 90mg	4%
Total Carbohydrate 9g	3%
Dietary Fiber 2g	7%
Total Sugars 6g	
Includes 5g Added Sugars	10%
Protein 8g	16%

Vitamin D 3mcg 15% • Calcium 450mg 30%
Iron 1.3mg 6% • Potassium 380mg 8%
Vitamin A 150mcg 15% • Riboflavin 0.4mg 30%
Folate 40mcg DFE 10% • Vitamin B₁₂ 3mcg 120%
Phosphorus 220mg 15% • Magnesium 50mg 10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Soymilk (Filtered Water, Soybeans), Cane Sugar, Vitamin and Mineral Blend (Tricalcium Phosphate, Calcium Carbonate, Vitamin A Palmitate, Vitamin D2, Riboflavin [B2], Vitamin B12), Sea Salt, Natural Flavor, Gellan Gum.

CONTAINS SOY: Produced in a facility that also processes tree nuts.

Distributed by WhiteWave Foods
Broomfield, Colorado 80021

MUST BE REFRIGERATED. STAYS FRESH 7, 10 DAYS AFTER OPENING.

Love it or your money back.

Visit Silk.com/Lovell or call 888-820-9283 for a full refund. Limit two refunds per household per year.

NOT TO BE USED AS INFANT FORMULA

Diets low in saturated fat and cholesterol, and as low as possible in trans fat, may reduce the risk of heart disease.



MIX

FSC® FSC® C016043



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