**Materials & Instructions**

***Eating Smart • Being Active***

**Supplemental Lessons**

**Activity Bins**

**Lesson – Feeding Your New Baby**

Storage bin recommended size measuring (l) x (w) x (h)

Contents of activity bin:

* + Calculator
  + Breastfeeding Benefits Game Board and pieces (English and Spanish)
  + Infant formula samples with prices on the containers:
    - powdered concentrate
    - liquid concentrate
    - ready-to-feed bottles or cans
* Six laminated copies of Rhonda’s story (Spanish and English), or enough for each group of two to three
* Bell