***Feeding Your Baby Solid Foods* CD Introduction –**

Welcome to the *Feeding Your Baby Solid Foods* CD. This CD was designed for directors or curriculum coordinators to help prepare materials for educators to use in teaching the curriculum. If you have any questions regarding the use of this CD, please contact the Colorado State EFNEP Office at 970-491-2377.

**Contents of the CD**

This CD contains 2 primary folders. One is titled “Activity Bin Contents” and contains pre-made labels for the inside and outside of the Feeding Your Baby Solid Foods bin. This folder also contains a sub-folder titled “Activities”. In this sub-folder are the documents needed for the activities in the lesson. The second primary folder is called “Feeding Your Baby Solid foods Evaluation Questionnaire”.

1. ***Feeding Your Baby Solid Foods* “Activity Bin Contents” folder**

*Feeding Your Baby Solid Foods* bin labels for the inside and outside of the activity bin are in this folder. The outside label is in a format that allows you to change the size of the label and copy and paste the label as needed. This will allow you to develop other documents such as training materials and recruitment materials for the curriculum.

**List of Activity Bin Materials (inside label) Instructions**

The lesson has a variety of activities, most of which require the use of hands-on materials. This document on the CD contains a list of materials needed to create bins to use when teaching the lesson. For this lesson, the activity bin has two sets of materials; one for the participant and one for the educator. The first page of labels lists the materials for the participant and the second page lists the materials for the educator.

**Template for the outside Activity Bin Label**

There is a document in this folder entitled “Activity bin outside label”*.* This label was designed to be printed on label paper and contains the curriculum logo and the title of the lesson. You can print these labels on label paper and stick them to the outside of the activity bin. The labels are included to help easily identify activity bins.

**Subfolder “Activities”**

Inside this folder are four documents that can be printed off to create the activities in the lesson. The four documents included in this folder are: directions for the “Let’s make it” activity, and “What Would You Do Scenario” activity. Both of these documents are available in English and Spanish.

1. ***Feeding Your Baby Solid Foods* Questionnaire folder**

Modifiable versions of English and Spanish questionnaire for this lesson are in this folder. They contain one questions related to feeding your baby solid foods. You can add your university logo to the forms.

The question on this form was chosen to address the key concepts in the *Feeding Your Baby Solid Foods* lesson. The question is from the NIFA ERS4 question database. The list was approved by the national EFNEP office.