

**Downloading the *Eating Smart • Being Active***

**Mobile App for Android Phones**

1. Go to the **PLAY STORE**
	1. Tap in the **SEARCH** box at the top of the screen
	2. Type in **EATING SMART BEING ACTIVE**
	3. Tap **INSTALL,** and theapp will download
	4. The phone will then say “Eating Smart • Being Active Needs Access to Identity.” Tap **ACCEPT.**
	5. Tap **OPEN**



c.

b.



d.

e.

1. **CREATE AN ACCOUNT** once the App is downloaded.

Tap **I’M NEW TO EATING SMART BEING ACTIVE**

1. Choose a language **ENGLISH** or **SPANISH**



1. Either enable or disable the **STEP TRACKER**
	* Some phones won’t be able to track your steps. With newer smartphones, you can track your steps just by carrying the phone in your pocket.
	* If you enable the Step Tracker, the app will use the steps recorded by your phone’s Step Tracker and display them each time you open the app.



1. Fill in the next set of boxes:

a.

* 1. **EMAIL ADDRESS**
	2. **PASSWORD**
	3. then **CONFIRM PASSWORD**.

e.

d.

c.

1. Use the drop down menus to select your **STATE (a)**, your **PROGRAM (b),** your **ETHNICITY (c),** andyour **RACE (d).**



b.

a.

c.

d.

1. Select your **AGE RANGE (e).**
2. Choose your **GENDER (f)** – **male** or **female.**

f.

e.

1. Tap **CREATE ACCOUNT (g)**

f.

g.



*\*Wording may vary depending on the version of Android phone you have.*

You did it! The *Eating Smart • Being Active* mobile app should now be downloaded to your phone.