



# Nutrition Facts

about 4 servings per container

**Serving size 3 oz (85g / 1/3 cup)**

Amount per serving

**Calories 120**

% Daily Value\*

**Total Fat 4g 5%**

**Saturated Fat 1g 5%**

**Trans Fat 0g**

**Cholesterol 70mg 23%**

**Sodium 300mg 13%**

**Total Carbohydrate 0g 0%**

**Dietary Fiber 0g 0%**

**Total Sugars 0g**

**Includes 0g Added Sugars 0%**

**Protein 20g**

**Vitamin D 12mcg 60% • Calcium 240mg 20%**

**Iron 1mg 6% • Potassium 280mg 6%**

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS  
PINK SALMON  
SALT  
CONTAINS  
SALMON

DISTRIBUTED BY  
THE GROCER CO.  
CINCINNATI, OHIO  
45202

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