



3, 7, 8

# Nutrition Facts

4 servings per container  
Serving size 1 cup (240mL)

Amount per serving	% Daily Value*
<b>Calories 210</b>	
Total Fat 8g	11%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 35mg	11%
Sodium 230mg	10%
Total Carbohydrate 25g	9%
Dietary Fiber 0g	0%
Total Sugars 23g	
Includes 11g Added Sugars	23%
Protein 8g	16%

Vit D 2.5mg 10% • Calcium 300mg 25%  
Iron 0.5mg 2% • Potas 440mg 10% • Vit A 10%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** MILK, LIQUID SUGAR (SUGAR, WATER), LESS THAN 1% OF COCOA (PROCESSED WITH ALKALI), CORN STARCH, SALT, CARRAGEENAN, NATURAL FLAVOR, NONFAT MILK, VITAMIN D<sub>3</sub>.  
**DISTRIBUTED BY:** DFA DAIRY BRANDS, LLC, KANSAS CITY, KS 66111

trumoo.com  
**COMMENTS? 1-800-395-7004**  
**GRADE A • PASTEURIZED • HOMOGENIZED**  
**PLANT # STAMPED ABOVE**  
**KEEP REFRIGERATED**  
**SHAKE WELL**

\*No significant difference has been shown in milk from cows treated with the artificial growth hormone rbST and non rbST treated cows.

