



3, 7, 8

# Nutrition Facts

4 servings per container  
Serving size 1 cup (240mL)

Amount per serving

**Calories 210**

% Daily Value\*

Total Fat	8g	11%
Saturated Fat	5g	26%
Trans Fat	0g	
Cholesterol	35mg	11%
Sodium	230mg	10%
Total Carbohydrate	25g	9%
Dietary Fiber	0g	0%
Total Sugars	23g	
Includes 11g Added Sugars	23%	
Protein	8g	16%

Vit D 2.5mg 10% • Calcium 300mg 25%  
Iron 0.5mg 2% • Potas 440mg 10% • Vit A 10%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** MILK, LIQUID SUGAR (SUGAR, WATER), LESS THAN 1% OF COCOA (PROCESSED WITH ALKALI), CORN STARCH, SALT, CARRAGEENAN, NATURAL FLAVOR, NONFAT MILK, VITAMIN D<sub>3</sub>.  
**DISTRIBUTED BY:** DFA DAIRY BRANDS, LLC, KANSAS CITY, KS 66111

trumoo.com

**COMMENTS? 1-800-395-7004**

**GRADE A • PASTEURIZED • HOMOGENIZED  
PLANT # STAMPED ABOVE**

**KEEP REFRIGERATED**

**SHAKE WELL**

\*No significant difference has been shown in milk from cows treated with the artificial growth hormone rbST and non rbST treated cows.

