



Nutrition Facts

about 28 servings per container

Serving size **1 Tbsp (14g)**

Amount per serving

Calories 120

Total Fat 14g

18% Daily Value*

Saturated Fat 13g

64%

Polysaturated Fat 0g

Monounsaturated Fat 1g

Sodium 0mg

0%

Total Carbohydrate 0g

0%

Protein 0g

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Not a significant source of trans fat, cholesterol, dietary fiber, total sugars, added sugars, vitamin D, calcium, iron or potassium.

INGREDIENTS: ORGANIC COCONUT OIL.

CONTAINS: COCONUT.

DISTRIBUTED BY

THE KROGER CO.

CINCINNATI, OHIO 45202

CERTIFIED ORGANIC

BY MICA

PRODUCT OF PHILIPPINES.

FAIR TRADE CERTIFIED™ BY

FAIR TRADE USA

STORE IN A COOL DRY PLACE AWAY

FROM EXTREME HEAT. KEPT

COCONUT OIL HAS A SMOKE POINT

OF APPROXIMATELY 450°F.

IS BEST FOR SAUTÉING OR

STIR-FRYING OVER MEDIUM- HIGH

HEAT OR FOR BAKING.

IS SIMPLE TRUTH ORGANIC PRODUCTS ARE

FORMULATED WITHOUT GENETICALLY

MODIFIED ORGANISMS (GMO). THE

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USDA'S NATIONAL ORGANIC PROGRAM

DOES NOT PERMIT THE USE OF

INGREDIENTS MADE WITH GMO. IN

CERTIFIED ORGANIC PRODUCTS.

QUALITY GUARANTEE

800-652-6900

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