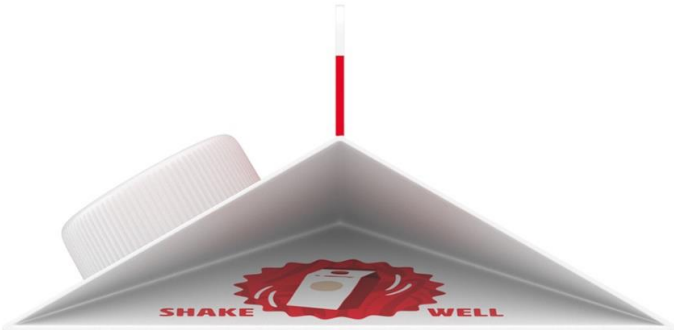

SELL BY
THE PLAIN ONE
THE PLAIN ONE
THE PLAIN ONE
Silk
OAT YEAH
OATMILK
PLAIN DELICIOUS
DAIRY-FREE OATMILK
64 FL OZ (2 QTS) 1.89 L
NON GMO Project VERIFIED



FREE FROM: ✓DAIRY ✓NUTS ✓SOY ✓GLUTEN ✓CARRAGEENAN ✓CHOLESTEROL ✓ARTIFICIAL COLORS & FLAVORS

AND IT'S VEGAN!

Nutrition Facts

About 8 servings per container
Serving size 1 cup (240mL)

Amount per serving
Calories 90

	% Daily Value*
Total Fat 3.5g	**4%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 2.5g	
Cholesterol 0mg	**0%**
Sodium 95mg	**4%**
Total Carbohydrate 13g	**5%**
Dietary Fiber 0g	**0%**
Total Sugars 5g	
Includes 5g Added Sugars	**10%**
Protein 1g	

Vitamin D 4mcg 20%	• Calcium 460mg 35%
Iron 0.7mg 4%	• Potassium 190mg 4%
Vitamin A 230mcg 25%	• Riboflavin 0.33mg 25%
Vitamin B12 2.4mcg 100%	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Oatmilk (Filtered Water, Oat Concentrate), Sunflower Oil, **Vitamin and Mineral Blend** (Calcium Carbonate, Vitamin A Palmitate, Vitamin D2, Riboflavin [B2], Vitamin B12), Dipotassium Phosphate, Sea Salt, Gellan Gum, Ascorbic Acid (to protect freshness).

Produced in a facility that also processes tree nuts and soy. Silk employs stringent allergen quality control procedures in all of our manufacturing facilities. To learn more, visit us at Silk.com/allergens.

Distributed by Danone US, LLC
Broomfield, Colorado 80021

MUST BE REFRIGERATED.
STAYS FRESH 7-10 DAYS AFTER OPENING.

NOT TO BE USED AS INFANT FORMULA

LOVE IT OR YOUR MONEY BACK!

VISIT SILK.COM/LOVEIT OR CALL 888-820-9283 FOR A FULL REFUND. LIMIT TWO REFUNDS PER HOUSEHOLD PER YEAR.

*64 oz carton vs 52 oz carton.

CERTIFIED VEGAN vegan.org

DANONE
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FSC MIX FSC® C016043

Empty & Replace Cap
COATED PAPER CARTON
how2recycle.info

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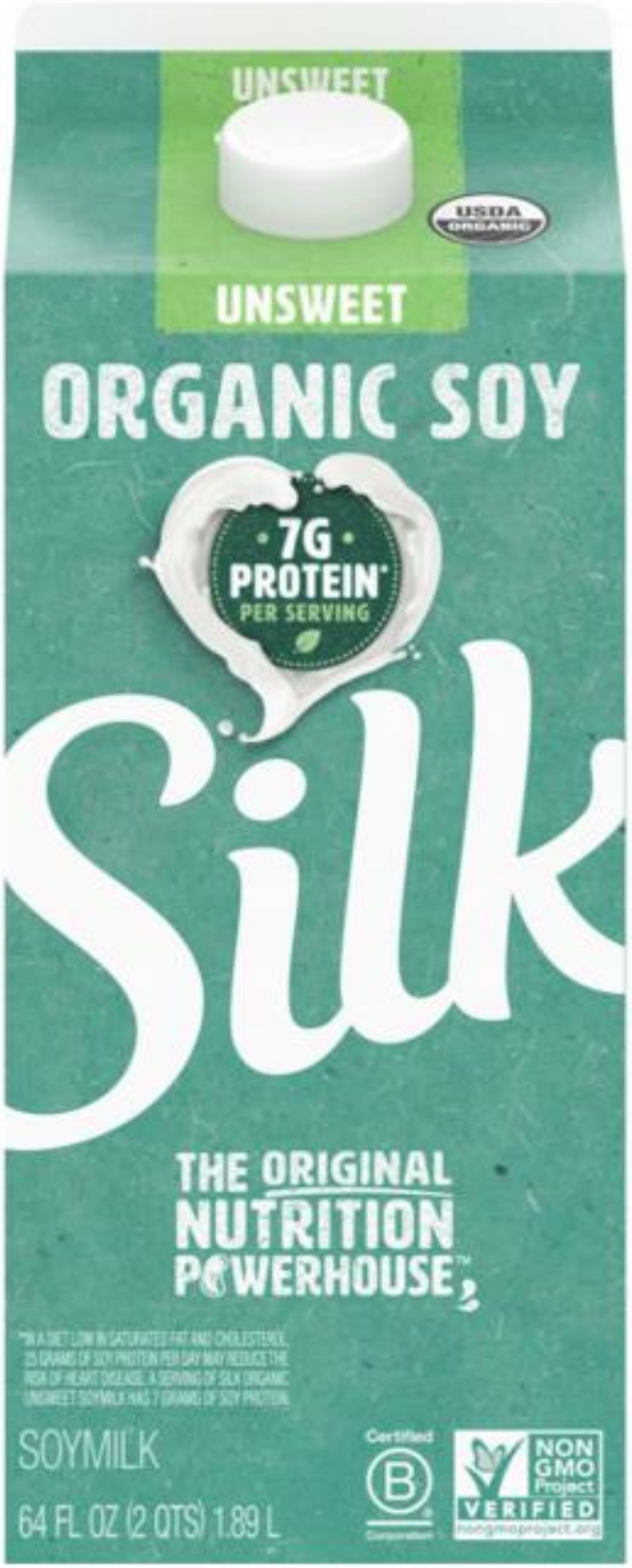
UNSWEET
USDA ORGANIC
UNSWEET
ORGANIC SOY
7G PROTEIN* PER SERVING
Silk
THE ORIGINAL NUTRITION POWERHOUSE™
*IN A DIET LOW IN SATURATED FAT AND CHOLESTEROL. 25 GRAMS OF SOY PROTEIN PER DAY MAY REDUCE THE RISK OF HEART DISEASE. A SERVING OF SILK ORGANIC UNSWEET SOYMILK HAS 7 GRAMS OF SOY PROTEIN.
SOYMILK
64 FL OZ (2 QTS) 1.89 L
Certified B Corporation
NON GMO Project VERIFIED

Nutrition Facts

About 8 servings per container
Serving size 1 cup (240mL)

Amount per serving
Calories 80

	% Daily Value*
Total Fat 4g	**5%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Polyunsaturated Fat 2.5g	
Monounsaturated Fat 1g	
Cholesterol 0mg	**0%**
Sodium 75mg	**3%**
Total Carbohydrate 3g	**1%**
Dietary Fiber 2g	**7%**
Total Sugars 1g	
Includes 0g Added Sugars	**0%**
Protein 7g	**14%**

Vitamin D 3mcg 15%	Calcium 300mg 20%
Iron 1mg 6%	Potassium 350mg 7%
Vitamin A 150mcg 15%	Riboflavin 0.4mg 30%
Folate 50mcg DFE 10%	Vitamin B_{12} 3mcg 120%
Phosphorus 80mg 6%	Magnesium 40mg 8%

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INGREDIENTS: Organic Soymilk (Filtered Water, Organic Soybeans), **Vitamin and Mineral Blend** (Calcium Carbonate, Vitamin A Palmitate, Vitamin D2, Riboflavin [B2], Vitamin B12), Sea Salt, Gellan Gum, Ascorbic Acid (to protect freshness), Natural Flavor.

CONTAINS SOY. Produced in a facility that also processes tree nuts.

Distributed by WhiteWave Foods
Broomfield, Colorado 80021

CERTIFIED ORGANIC BY QUALITY ASSURANCE INTERNATIONAL

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NOT TO BE USED AS INFANT FORMULA

†Diets low in saturated fat and cholesterol, and as low as possible in trans fat, may reduce the risk of heart disease.

MIX
FSC® C016043


UNSWEET
VANILLA
DAIRY-FREE
GLUTEN-FREE
SOY-FREE
ALMONDMILK
0 GRAMS SUGAR PER SERVING
UNSWEET
VANILLA
Silk
ALMOND
30
CALORIES PER SERVING
ALMONDMILK
64 FL OZ (2 QTS) 1.89 L
Certified
B
Corporation
NON GMO Project
VERIFIED
nongmoproject.org

Nutrition Facts

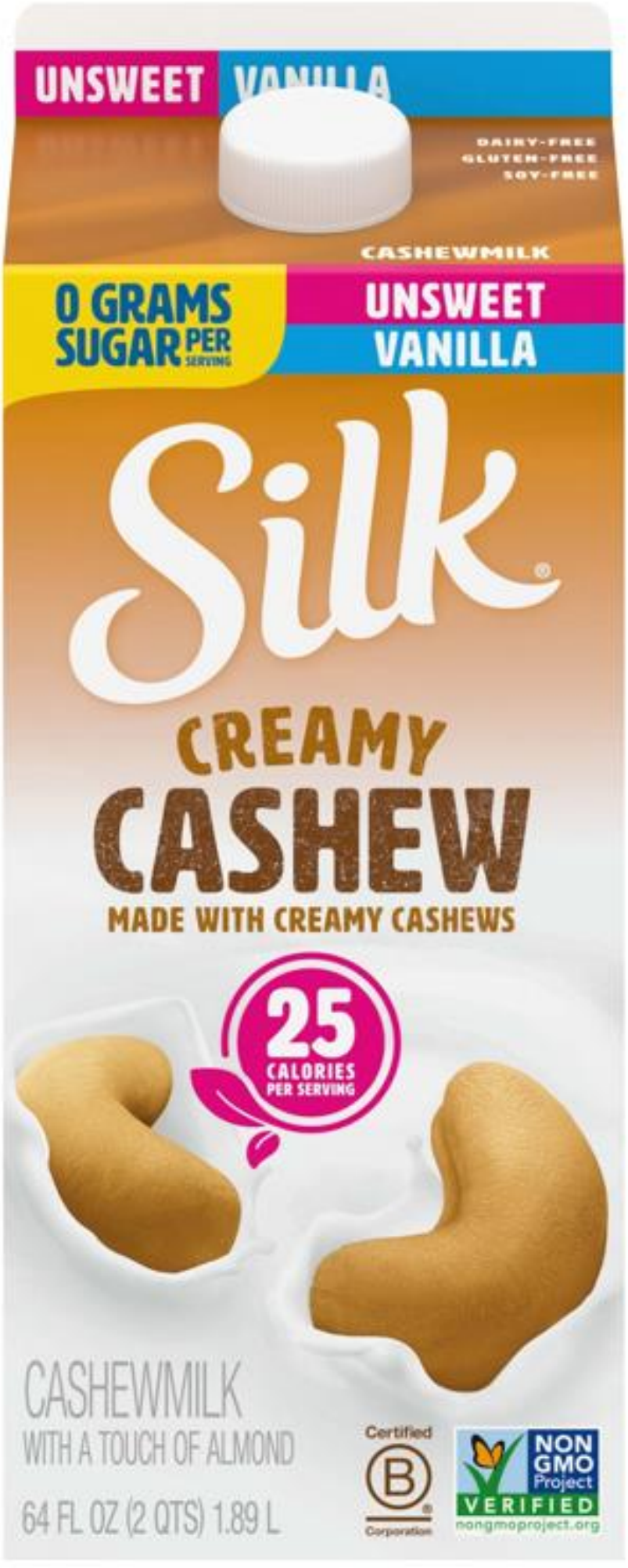
About 8 servings per container
Serving size 1 cup (240mL)

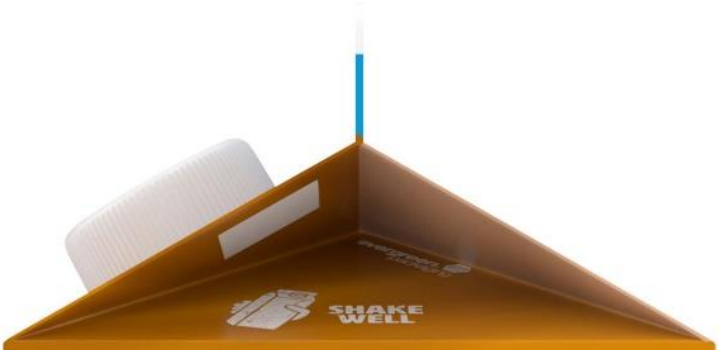
Amount per serving
Calories 30

	% Daily Value*
Total Fat 2.5g	**3%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 1.5g	
Cholesterol 0mg	**0%**
Sodium 115mg	**5%**
Total Carbohydrate 1g	**0%**
Dietary Fiber 0g	**0%**
Total Sugars 0g	
Includes 0g Added Sugars	**0%**
Protein 1g	

Vitamin D 2.5mcg 10% • Calcium 450mg 30%
Iron 0.4mg 2% • Potassium 170mg 2%
Vitamin A 150mcg 15% • Vitamin E 4mg 25%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.


UNSWEET
VANILLA
DAIRY-FREE
GLUTEN-FREE
SOY-FREE
CASHEWMILK
0 GRAMS SUGAR PER SERVING
UNSWEET
VANILLA
Silk
CREAMY
CASHEW
MADE WITH CREAMY CASHEWS
25
CALORIES
PER SERVING
CASHEWMILK
WITH A TOUCH OF ALMOND
64 FL OZ (2 QTS) 1.89 L
Certified
B
Corporation
NON GMO Project
VERIFIED
nongmoproject.org



SERIOUSLY SMOOTH

FREE FROM: ✓DAIRY ✓GLUTEN ✓CARRAGEENAN ✓CHOLESTEROL ✓SOY ✓ARTIFICIAL COLORS & FLAVORS

Nutrition Facts

About 8 servings per container
Serving size 1 cup (240mL)

Amount per serving
Calories 25

	% Daily Value*
Total Fat 2g	**3%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 1g	
Cholesterol 0mg	**0%**
Sodium 160mg	**7%**
Total Carbohydrate 2g	**1%**
Dietary Fiber 0g	**0%**
Total Sugars 0g	
Includes 0g Added Sugars	**0%**
Protein <1g	

Vitamin D 2.5mcg 10% • Calcium 450mg 30%
Iron 0.5mg 2% • Potassium 0mg 0%
Vitamin A 150mcg 15% • Vitamin E 4mg 25%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cashewmilk (Filtered Water, Cashews), Contains 2% or Less of: **Almonds, Vitamin and Mineral Blend** (Calcium Carbonate, Vitamin E Acetate, Vitamin A Palmitate, Vitamin D2), Salt, Locust Bean Gum, Sunflower Lecithin, Natural Flavor, Gellan Gum, Ascorbic Acid (to protect freshness).

CONTAINS CASHEW AND ALMOND. May contain other tree nuts. Produced in a facility that also processes soy.

Distributed by Danone US, LLC.
Broomfield, Colorado 80021

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NOT TO BE USED AS INFANT FORMULA

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CARTON
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RAINFOREST ALLIANCE CERTIFIED
PACKAGING

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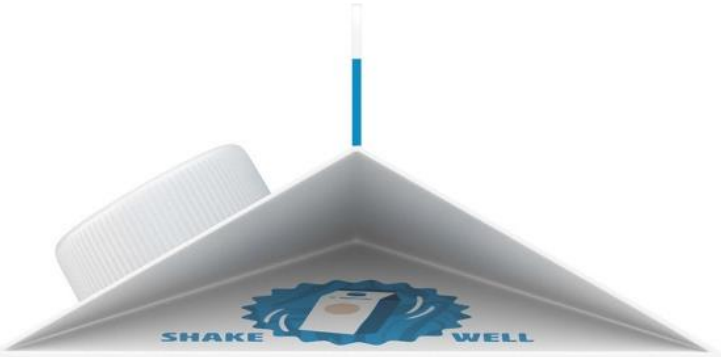
SELL BY
FLAVORED WITH OTHER NATURAL FLAVOR
THE VANILLA ONE
THE VANILLA ONE
FLAVORED WITH OTHER NATURAL FLAVOR
THE VANILLA ONE
FLAVORED WITH OTHER NATURAL FLAVOR
Silk
OAT YEAH
OATMILK
IT'S GONNA FLOAT YOUR OAT
DAIRY-FREE OATMILK
64 FL OZ (2 QTS) 1.89 L
Certified B Corporation
NON GMO Project VERIFIED



FREE FROM: ✓DAIRY ✓NUTS ✓SOY ✓GLUTEN ✓CARRAGEENAN ✓CHOLESTEROL ✓ARTIFICIAL COLORS & FLAVORS

AND IT'S VEGAN!

Nutrition Facts

About 8 servings per container
Serving size 1 cup (240mL)

Amount per serving
Calories 90

	% Daily Value*
Total Fat 3g	**4%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 2g	
Cholesterol 0mg	**0%**
Sodium 95mg	**4%**
Total Carbohydrate 14g	**5%**
Dietary Fiber 0g	**0%**
Total Sugars 6g	
Includes 6g Added Sugars	**12%**
Protein 1g	

Vitamin D 4mcg 20%	• Calcium 460mg 35%
Iron 0.7mg 4%	• Potassium 180mg 4%
Vitamin A 230mcg 25%	• Riboflavin 0.33mg 25%
Vitamin B12 2.4mcg 100%	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Oatmilk (Filtered Water, Oat Concentrate), Sunflower Oil, Cane Sugar, **Vitamin and Mineral Blend** (Calcium Carbonate, Vitamin A Palmitate, Vitamin D2, Riboflavin [B2], Vitamin B12), Dipotassium Phosphate, Sea Salt, Gellan Gum, Ascorbic Acid (to protect freshness), Natural Flavor.

Produced in a facility that also processes tree nuts and soy. Silk employs stringent allergen quality control procedures in all of our manufacturing facilities. To learn more, visit us at Silk.com/allergens.

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Broomfield, Colorado 80021

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STAYS FRESH 7-10 DAYS AFTER OPENING.

NOT TO BE USED AS INFANT FORMULA

LOVE IT OR YOUR MONEY BACK!

VISIT SILK.COM/LOVEIT OR CALL 888-820-9283 FOR A FULL REFUND. LIMIT TWO REFUNDS PER HOUSEHOLD PER YEAR.

*64 oz carton vs 52 oz carton.

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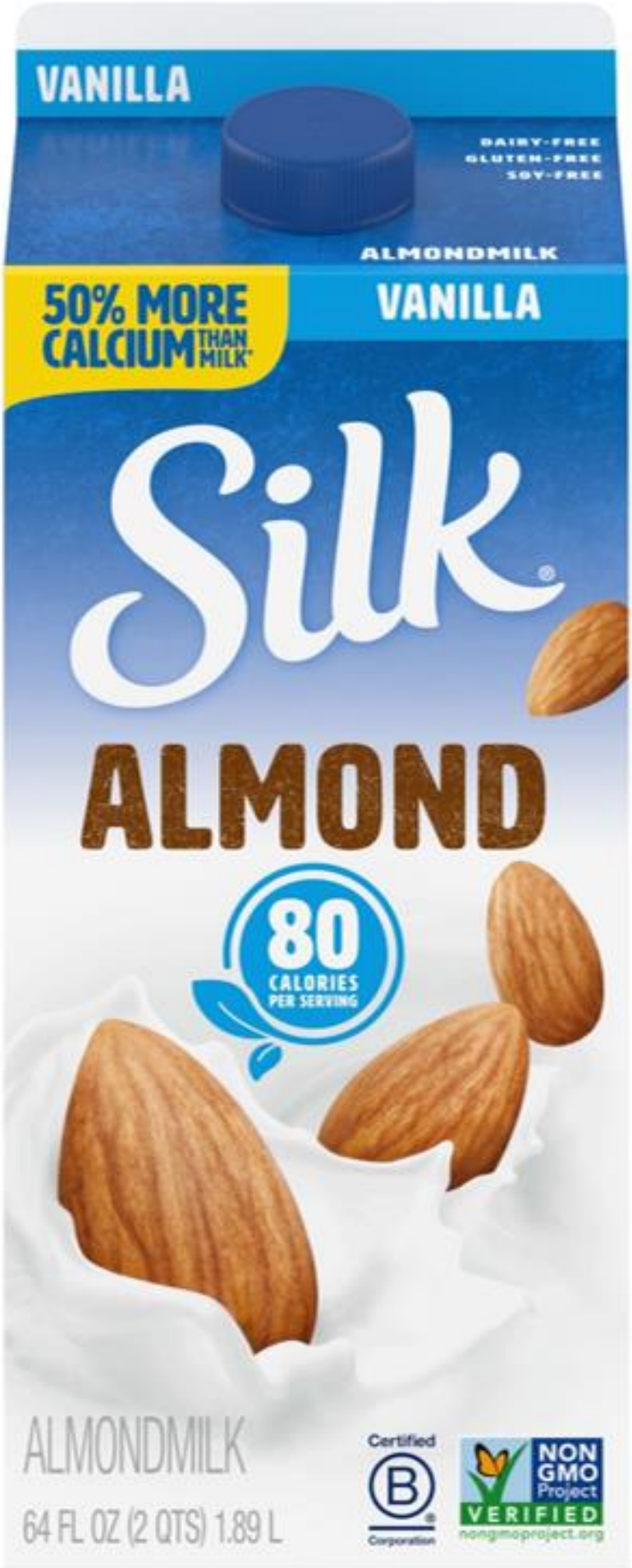
VANILLA
DAIRY-FREE
GLUTEN-FREE
SOY-FREE
ALMONDMILK
50% MORE CALCIUM THAN MILK*
VANILLA
Silk
ALMOND
80
CALORIES PER SERVING
ALMONDMILK
64 FL OZ (2 QTS) 1.89 L
Certified
B
Corporation
NON GMO Project
VERIFIED
nongmoproject.org

CALCIUM TO SUPPORT STRONG BONES

FREE FROM: ✓DAIRY ✓GLUTEN ✓CARRAGEENAN ✓CHOLESTEROL ✓SOY ✓ARTIFICIAL COLORS & FLAVORS

Nutrition Facts

About 8 servings per container
Serving size 1 cup (240mL)

Amount per serving
Calories 80

	% Daily Value*
Total Fat 2.5g	**3%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 1.5g	
Cholesterol 0mg	**0%**
Sodium 125mg	**5%**
Total Carbohydrate 14g	**5%**
Dietary Fiber 0g	**0%**
Total Sugars 13g	
Includes 13g Added Sugars	**26%**
Protein 1g	

Vitamin D 2.5mcg 10% • Calcium 450mg 30%
Iron 0.4mg 2% • Potassium 170mg 2%
Vitamin A 150mcg 15% • Vitamin E 4mg 25%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Almondmilk (Filtered Water, Almonds), Cane Sugar, **Vitamin and Mineral Blend** (Calcium Carbonate, Vitamin E Acetate, Vitamin A Palmitate, Vitamin D2), Sea Salt, Locust Bean Gum, Gellan Gum, Ascorbic Acid (to protect freshness), Natural Flavor.

CONTAINS ALMOND. Produced in a facility that also processes other tree nuts and soy.

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Broomfield, Colorado 80021

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NOT TO BE USED AS INFANT FORMULA

*Silk Vanilla Almondmilk: 450mg of calcium per cup; reduced fat dairy milk: 293mg of calcium per cup. USDA National Nutrient Database for Standard Reference, 2019. Data consistent with typical reduced fat dairy milk.

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COATED PAPER CARTON

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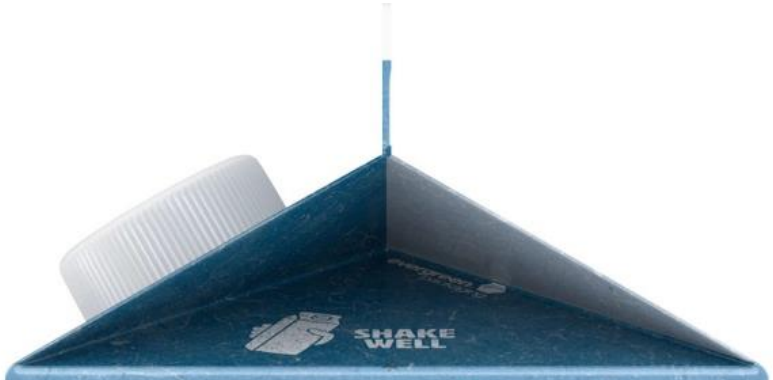
VANILLA
6G PROTEIN
VANILLA
SOY
6G PROTEIN* PER SERVING
Silk
THE ORIGINAL NUTRITION POWERHOUSE™
*IN A DIET LOW IN SATURATED FAT AND CHOLESTEROL, 25 GRAMS OF SOY PROTEIN PER DAY MAY REDUCE THE RISK OF HEART DISEASE. A SERVING OF SILK VANILLA SOYMILK HAS 6.25 GRAMS OF SOY PROTEIN.
SOYMILK
64 FL OZ (2 QTS) 1.89 L
Certified B Corporation
NON GMO Project VERIFIED
nongmoproject.org



HEART HEALTHY†

FREE FROM: ✓ DAIRY ✓ GLUTEN ✓ CARRAGEENAN ✓ CHOLESTEROL ✓ ARTIFICIAL COLORS & FLAVORS

Nutrition Facts

About 8 servings per container
Serving size 1 cup (240mL)

Amount per serving
Calories 100

	% Daily Value*
Total Fat 3.5g	**4%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Polyunsaturated Fat 2g	
Monounsaturated Fat 0.5g	
Cholesterol 0mg	**0%**
Sodium 85mg	**4%**
Total Carbohydrate 11g	**4%**
Dietary Fiber 1g	**4%**
Total Sugars 9g	
Includes 8g Added Sugars	**16%**
Protein 6g	**12%**

Vitamin D 3mcg 15%	Calcium 450mg 30%
Iron 1.1mg 6%	Potassium 300mg 6%
Vitamin A 150mcg 15%	Riboflavin 0.4mg 30%
Folate 40mcg DFE 10%	Vitamin B_{12} 3mcg 120%
Phosphorus 80mg 6%	Magnesium 40mg 10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Soymilk (Filtered Water, Soybeans), Cane Sugar, **Vitamin and Mineral Blend** (Calcium Carbonate, Vitamin A Palmitate, Vitamin D2, Riboflavin [B2], Vitamin B12), Sea Salt, Natural Flavor, Gellan Gum, Sodium Ascorbate (to protect freshness).

CONTAINS SOY. Produced in a facility that also processes tree nuts.

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Broomfield, Colorado 80021

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MIX
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Empty and Replace Cap
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COATED PAPER
CARTON

RAINFOREST ALLIANCE CERTIFIED
PACKAGING

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