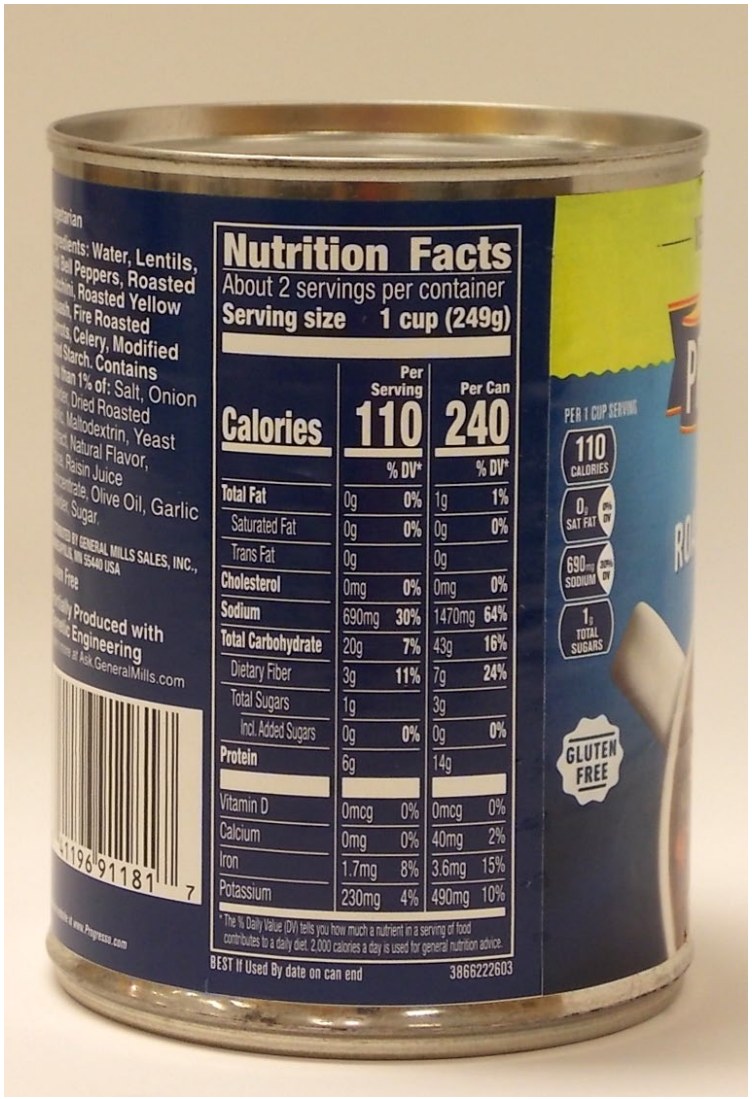
VEGETABLE CLASSICS
PROGRESSO
SOUP
LENTIL WITH
ROASTED VEGETABLES
NO ARTIFICIAL
FLAVORS
NET WT. 19 OZ (1 LB 3 OZ) 538g


Nutrition Facts
About 2 servings per container
Serving size 1 cup (249g)
Per Serving
Per Can
Calories 110 240
% DV*
Total Fat 0g 0% 1g 1%
Saturated Fat 0g 0% 0g 0%
Trans Fat 0g 0g
Cholesterol 0mg 0% 0mg 0%
Sodium 690mg 30% 1470mg 64%
Total Carbohydrate 20g 7% 43g 16%
Dietary Fiber 3g 11% 7g 24%
Total Sugars 1g 3g
Incl. Added Sugars 0g 0% 0g 0%
Protein 6g 14g
Vitamin D 0mcg 0% 0mcg 0%
Calcium 0mg 0% 40mg 2%
Iron 1.7mg 8% 3.6mg 15%
Potassium 230mg 4% 490mg 10%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
BEST If Used By date on can end
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PER 1 CUP SERVING
110 CALORIES
0g SAT FAT 0% DV
690mg SODIUM 30% DV
1g TOTAL SUGARS
GLUTEN FREE