



TEAR HERE

LUNDBERG RICE MIDDYBEND

CULTIVATING A
FAMILY TRADITION

Over the years, the Lundberg family has produced
their quality rice products. It's our passion and
has been for over four generations.

We've grown our rice sustainably, long before anyone used
the word. Our farming methods conserve water resources,
build soil fertility, and support a healthier ecosystem.

All Lundberg family Farms* we operate in whole grain,
and gluten-free rice products. Nothing fancy here,
just lots of natural deliciousness!

Thanks for supporting sustainable farming!
—The Lundberg Family

Certified Gluten Free
GF
Gluten Free
Certification
Customer-Care Organization
www.gfcert.org

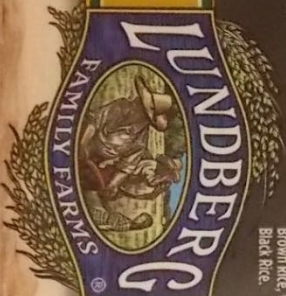
Manufactured & Bottled by
Lundberg Family Farms
5511 Michael, P.O. Box 362, Redwood, CA 95424, USA
888-765-6788
www.lundberg.com

We recommend refrigeration
for extended shelf life.

This product was manufactured
with 100% renewable energy.

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owned by WEISS BROS.
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GOOD TASTE



GOOD HEALTH



Re-digestible With
Weicher Brand PRESS-COOK

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Nutrition Facts

About 10 SERVINGS
Serving Size 1/4 cup (dry) (45g)
Amount Per Serving
Calories 160

	% Daily Value*
Total Fat 1g	
Sat. Fat 0g	1%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carb. 35g	13%
Fiber 2g	14%
Total Sugars 0g	
Incl. 0g Added Sugars	0%
Protein 4g	
Vit. D 0mg 0%	• Calcium 4mg 0%
Iron 1mg 6%	• Pops 136mg 2%

*The % Daily Value tells you how much a nutrient in a
serving of food contributes to a daily diet. 2,000
calories a day is used for general nutrition advice.

INGREDIENTS: Long Grain Brown Rice, Sweet
Brown Rice, Wild Rice, Weissen® Red Rice,
Black Rice.