



VALUE SIZE

Kraft

macaroni & CHEESE  
DINNER

ENLARGED TO SHOW DETAIL

The Taste You Love

- ✓ NO Artificial Flavors
- ✓ NO Artificial Preservatives
- ✓ NO Artificial Dyes

smmmile,  
it's the cheesiest

PER 1/6 BOX (UNPREPARED)

260 CALORIES	15g SAT FAT	560mg SODIUM	8g TOTAL SUGARS
	30% DV	10% DV	16% DV

SEE NUTRITION FACTS PANEL FOR ALL PREPARATION

MACARONI & CHEESE DINNER

NET WT 14.5 OZ (411g)

original flavor

# Nutrition Facts

About 3 servings per container

Serving size

2.5 oz (70g/ about 1/3 box)  
(Makes about 1 cup)

	Per 2.5 oz dry mix	Per 1 cup prepared*
<b>Calories</b>	<b>250</b>	<b>350</b>
	% DV**	% DV**
<b>Total Fat</b>	2g 2%	11g 15%
<b>Saturated Fat</b>	1g 4%	4g 19%
<b>Trans Fat</b>	0g	0g
<b>Cholesterol</b>	5mg 2%	10mg 3%
<b>Sodium</b>	560mg 24%	710mg 31%
<b>Total Carb.</b>	49g 18%	50g 18%
<b>Dietary Fiber</b>	2g 8%	2g 8%
<b>Total Sugars</b>	9g	10g
<b>Incl. Added Sugars</b>	0g 0%	0g 0%
<b>Protein</b>	9g	10g
<b>Vitamin D</b>	0mcg 0%	0mcg 0%
<b>Calcium</b>	110mg 8%	130mg 10%
<b>Iron</b>	2.5mg 15%	2.5mg 15%
<b>Potassium</b>	330mg 8%	370mg 8%

\* As prepared using margarine with 0g trans fat and 2% reduced fat milk.

\*\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** ENRICHED MACARONI (WHEAT FLOUR, DURUM FLOUR, NIACIN, FERROUS SULFATE (IRON), THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), CHEESE SAUCE MIX (WHEY, MILKFAT, SALT, MILK PROTEIN CONCENTRATE, SODIUM TRIPHOSPHATE, CONTAINS LESS THAN 2% OF TAPIOCA FLOUR, CITRIC ACID, LACTIC ACID, SODIUM PHOSPHATE, CALCIUM PHOSPHATE, WITH PAPRIKA, TURMERIC, AND ANNATTO ADDED FOR COLOR, ENZYMES, CHEESE CULTURE).  
**CONTAINS: WHEAT, MILK.**