Ramen
Noodle Soup
Chicken Flavor
COOKS IN 3 MINUTES
SERVING SUGGESTION
NET WT. 3 OZ (85g

BEST BY: (MMDDYY) 020724 05:04 6TE 537

Nutrition Facts

2 servings per container
Serving size
½ noodle block with
½ flavoring packet (43g)

Calories 190 per serving | 370 per container

	Per serving	% DV*	Per container	% DV*
Total Fat	7g	9%	14g	18%
Saturated Fat	3.5g	18%	7g	35%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	760mg	33%	1,520mg	66%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	0mg	0%	0mg	0%

	Per serving	% DV*	Per container	% DV*
Total Carb.	27g	10%	54g	20%
Dietary Fiber	1g	4%	2g	7%
Total Sugars	1g		2g	
Incl. Added Sugars	<1g	1%	1g	2%
Protein	4g		8g	
Iron	1.3mg	8%	2.6mg	15%
Potassium	0mg	0%	0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

RAMEN NOODLE INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: CANOLA, COTTONSEED, PALM), PRESERVED BY TBHQ. CONTAINS LESS THAN 1% OF: SALT, POTASSIUM CARBONATE, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT), SODIUM CARBONATE, SODIUM HEXAMETAPHOSPHATE, SODIUM TRIPOLYPHOSPHATE, MONOSODIUM PHOSPHATE. SOUP BASE INGREDIENTS: SALT, SUGAR. CONTAINS LESS THAN 1% OF: MONOSODIUM GLUTAMATE, MALTODEXTRIN, SPICES (CELERY SEED), HYDROLYZED CORN PROTEIN, HYDROLYZED WHEAT PROTEIN, HYDROLYZED SOY PROTEIN, TURMERIC, SALT, SOIL FLAVORS, DEHYDRATED VEGETABLES (CHIVE, GARLIC, ONION), DISODIUM GUANYLATE, DISODIUM INOSINATE, YEAST EXTRACT, VEGETABLE OIL (PALM), LACTOSE, POWDERED COOKED CHICKEN. CONTAINS WHEAT, SOY, AND MILK INGREDIENTS. MANUFACTURED IN A FACILITY THAT ALSO PROCESSES CRUSTACEAN SHELLFISH AND SESAME PRODUCTS. CONTAINS A BIOENGINEERED FOOD INGREDIENT.

Maruchan, INC.
IRVINE, CA 92618 MADE IN U.S.A.

YOU MAY REDUCE THE AMOUNT OF SODIUM BY SIMPLY USING LESS OF THE FLAVOR PACKET.

PLEASE STORE IN A DRY PLACE AWAY FROM HEAT AND DIRECT SUNLIGHT.

WHEN CONTACTING US, PLEASE INCLUDE THE PRINTED LOT CODE INFORMATION.

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DO NOT PURCHASE OR USE IF THE PACKAGING IS OPEN, TORN, OR DAMAGED.

2. Turn off heat, add contents of flavor packet, stir well for 1 minute until flavoring is fully dissolved. Makes two 8 oz servings.
3. Product is very hot. Allow to cool, serve and enjoy.

CAUTION: PRODUCT IS EXTREMELY HOT. HANDLE CAREFULLY TO AVOID SPILLS AND SEVERE BURNS. AFTER PREPARATION, TEMPERATURE SHOULD BE MONITORED FOR CHILDREN UNDER 15 YEARS OLD. PRODUCT SHOULD BE CONSUMED AT A TABLE WITH ADULT SUPERVISION.

Chicken Flavor