



Nutrition Facts

about 3.5 servings per container

Serving size 1/2 cup (130g)

Amount per serving

Calories 140

% Daily Value*

Total Fat 2.5g 3%

Sat. Fat 1g 5%

Sodium 320mg 14%

Total Carb. 22g 8%

Fiber 5g 18%

Total Sugars 1g

Protein 7g

Vit. D 0mcg 0% • Calcium 40mg 4%

Iron 2mg 10% • Potas. 480mg 10%

Not a significant source of trans fat, cholest., added sugars.

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: COOKED PINTO BEANS, WATER, LARD AND HYDROGENATED LARD, SALT, VINEGAR, SPICES, GARLIC POWDER, ONION POWDER, CHILI PEPPER.
DISTRIBUTED BY THE KROGER CO.
CINCINNATI, OHIO 45202