



21g Whole Grain per 29g Serving

100% WHOLE GRAIN

# WHEAT THINS

**reduced fat**  
25% LESS FAT THAN ORIGINAL WHEAT THINS

**NO**  
ARTIFICIAL  
FLAVORS OR  
COLORS



BAKED TO  
SHOW BENT

SERVE  
WITH  
SUGGESTION

PER 16 PIECES

<b>120</b> CALORIES	<b>0.5g</b> SAT FAT 9% DV	<b>200mg</b> SODIUM 9% DV	<b>4g</b> TOTAL SUGARS
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SNACKS | NET WT 8.5 OZ (240g)

Reduced Fat Wheat Thins

contain 3.5g fat per serving compared to  
5g in Original Wheat Thins

## Nutrition Facts

about 8 servings per container

Serving size 16 pieces (29g)

Amount per serving  
**Calories** 120

% Daily Value\*

**Total Fat** 3.5g 4%

Saturated Fat 0.5g 3%

*Trans* Fat 0g •

**Cholesterol** 0mg 0%

**Sodium** 200mg 9%

**Total Carbohydrate** 22g 8%

Dietary Fiber 3g 11%

Total Sugars 4g

Includes 4g Added Sugars 8%

**Protein** 2g

Vitamin D 0mcg 0%

Calcium 30mg 2%

Iron 0.9mg 4%

Potassium 90mg 0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WHOLE GRAIN WHEAT FLOUR, SUGAR, CANOLA OIL, CORNSTARCH, MALT STRIP (FROM CORN AND BARLEY), SALT, BERNER'S STRIP, LEAVENING (CALCIUM PHOSPHATE AND BAKING SODA)

BHT ADDED TO PACKAGING MATERIAL TO PRESERVE FRESHNESS.

CONTAINS: WHEAT

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