



		Per serving		Per 1 slice		Per serving		Per 1 slice	
		% DV*		% DV*		% DV*		% DV*	
Nutrition Facts									
10 Servings Per Container									
Serving Size 2 Slices (57g)									
Calories									
130									
Per Serving									
70									
Per 1 Slice									
Total Fat	1.5g	2%	1g	1%	Sodium	270mg	12%	135mg	6%
Saturated Fat	0g	0%	0g	0%	Total Carbohydrate	26g	9%	13g	5%
Trans Fat	0g		0g		Dietary Fiber	3g	11%	1g	4%
Polyunsaturated Fat	0.5g		0g		Total Sugars	2g		1g	
Monounsaturated Fat	0g		0g		Incl. Added Sugars	2g	4%	1g	2%
Cholesterol	0mg	0%	0mg	0%	Protein	5g		3g	
Vitamin D	1.2mcg	6%	0.6mcg	2%	Thiamin	0.2mg	15%	0.1mg	8%
Calcium	300mg	25%	150mg	10%	Riboflavin	0.1mg	10%	0.1mg	6%
Iron	1.3mg	8%	0.7mg	4%	Niacin	1.9mg	10%	0.9mg	6%
Potassium	70mg	0%	35mg	0%	Folate DFE (folic acid)	60mcg (30mcg)	15% (15mcg)	30mcg (15mcg)	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED WHEAT FLOUR (FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, NIACIN, THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), WATER, WHOLE GRAIN WHEAT FLOUR, SUGAR, YEAST, WHEAT GLUTEN, CELLULOSE FIBER, CALCIUM SULFATE, SALT, VEGETABLE OIL (SOYBEAN), PRESERVATIVES (CALCIUM PROPIONATE, SORBIC ACID), SOY FLOUR, MONOGLYCERIDES, DATEM, CITRIC ACID, SOY LECITHIN, VITAMIN D3, GRAIN VINEGAR, MONOCALCIUM PHOSPHATE. R21-102-202308

CONTAINS WHEAT, SOY.
MADE IN A BAKERY THAT MAY ALSO USE MILK, TREE NUTS.