
Barilla
WHOLE GRAIN
EXCELLENT SOURCE OF FIBER
ROTINI
SERVING SUGGESTION
ONE SIMPLE INGREDIENT
WHOLE WHEAT PASTA
"AL DENTE" PERFECTION IN 9-10 MINUTES
NON GMO PROJECT VERIFIED
ITALY'S #1 BRAND OF PASTA
NET WT. 16 OZ (1 LB) 454 g

3, 5

Nutrition Facts

Serving Size 2 oz (56g)
Servings Per Container about 8

Amount Per Serving

Calories 180 Calories from Fat 15

	% Daily Value*
Total Fat 1.5g	**2%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 0mg	**0%**
Total Carbohydrate 39g	**13%**
Dietary Fiber 6g	**24%**
Soluble Fiber 1g	
Insoluble Fiber 5g	
Sugars 2g	
Protein 8g	

Iron	20%	• Thiamin	15%
Niacin	25%	• Folate	4%
Phosphorus	25%	• Magnesium	20%
Manganese	80%		

Not a significant source of vitamin A, vitamin C and calcium.

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WHOLE GRAIN DURUM WHEAT FLOUR.

CONTAINS WHEAT INGREDIENTS.

THIS PRODUCT IS MANUFACTURED ON