



1 % lowfat milk [®]_D
 Grade A vitamins A & D

QUALITY GUARANTEED.
 COMMENTS OR QUESTIONS?
 ☎ 1-800-632-6900 OR
 🌐 WWW.KROGER.COM

Nutrition Facts
 8 servings per container
 Serving size 8 fl oz (240mL)

Amount per serving
Calories 100

	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 15mg	4%
Sodium 105mg	5%
Total Carbohydrate 12g	5%
Dietary Fiber 0g	0%
Total Sugars 12g	
Includes 0g Added Sugars	0%
Protein 8g	

Vitamin D 2.5mcg 10% • Calcium 300mg 25%
 Iron 0mg 0% • Potassium 380mg 8%
 Vitamin A 150mcg 15%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HALF GAL (1.89L)

INGREDIENTS: SKIM MILK, MILK, VITAMIN A PALMITATE, VITAMIN D3.
 DISTRIBUTED BY THE KROGER CO.
 CINCINNATI, OHIO 45202
 PASTEURIZED
 OUR FARMERS PLEDGE NOT TO TREAT THEIR COWS WITH rBST. THERE IS NO SIGNIFICANT DIFFERENCE BETWEEN MILK FROM rBST-TREATED AND NON-rBST-TREATED COWS.

87-0970
 0 11110 50222 3

KEEP REFRIGERATED

1% lowfat milk ^UD

Grade A
vitamins A & D

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87-0970



HALF GAL (1.89L)

KEEP REFRIGERATED



2% reduced fat milk [Ⓢ]

Grade A
vitamins A & D
contains 35% less
fat than regular milk

QUALITY GUARANTEED.
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Nutrition Facts

8 servings per container
Serving size 8 fl oz (240mL)

Amount per serving
Calories 120

	% Daily Value*
Total Fat 5g	6%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 105mg	4%
Total Carbohydrate 12g	4%
Dietary Fiber 0g	0%
Total Sugars 12g	
Includes 0g Added Sugars	0%
Protein 8g	

Vitamin D 2.5mcg 10% • Calcium 290mg 25%
Iron 0mg 0% • Potassium 380mg 8%
Vitamin A 150mcg 15%

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INGREDIENTS: MILK, SKIM MILK, VITAMIN A PALMITATE, VITAMIN D3. CONTAINS: MILK.

DISTRIBUTED BY THE KROGER CO. CINCINNATI, OHIO 45202

PASTEURIZED - HOMOGENIZED
FAT REDUCED FROM 8g TO 5g PER SERVING.

OUR FARMERS PLEDGE NOT TO TREAT THEIR COWS WITH rBST. THERE IS NO SIGNIFICANT DIFFERENCE BETWEEN MILK FROM rBST-TREATED AND NON-rBST-TREATED COWS.

87-0971



HALF GAL (1.89L)

KEEP REFRIGERATED

2% reduced fat milk ^UD

Grade A
vitamins A & D
contains 35% less
fat than regular milk

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Nutrition Facts

8 servings per container
Serving size 8 fl oz (240mL)

Amount per serving
Calories 120

	% Daily Value*
Total Fat 5g	6%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 105mg	4%
Total Carbohydrate 12g	4%
Dietary Fiber 0g	0%
Total Sugars 12g	
Includes 0g Added Sugars	0%

Protein 8g

Vitamin D 2.5mcg 10% • Calcium 290mg 25%
Iron 0mg 0% • Potassium 380mg 8%
Vitamin A 150mcg 15%

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INGREDIENTS: MILK, SKIM MILK, VITAMIN A PALMITATE, VITAMIN D3.
CONTAINS: MILK.

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CINCINNATI, OHIO 45202

PASTEURIZED • HOMOGENIZED
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87-0971



HALF GAL (1.89L)

KEEP REFRIGERATED

ENJOY MILK AGAIN!

2% milkfat/38% less fat than UHT milk


2% Reduced Fat Milk

Grade A | Vitamins A&D | UHT Processed

100% Lactose Free



Real Milk
NO DISCOMFORT!


Serving Suggestion

QUART (946 mL)



FAT REDUCED FROM 8g TO 5g PER SERVING

Nutrition Facts

4 servings per container

Serving size 1 Cup (240mL)

Amount Per Serving

Calories 130

% Daily Value*

Total Fat 5g	6%
Saturated Fat 3g	15%
<i>Trans Fat</i> 0g	
Cholesterol 20mg	7%
Sodium 125mg	5%
Total Carbohydrate 13g	5%
Dietary Fiber 0g	0%
Total Sugars 12g	
Includes 0g Added Sugars	0%
Protein 8g	16%
Vitamin D 2.5mcg	15%
Calcium 300mg	25%
Iron 0.1mg	0%
Potassium 410mg	8%
Vitamin A 150mcg	15%
Riboflavin 0.4mg	30%
Vitamin B ₁₂ 0.85mcg	35%
Phosphorus 240mg	20%

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INGREDIENTS: REDUCED FAT MILK, LACTASE ENZYME*, VITAMIN A PALMITATE AND VITAMIN D3.

*INGREDIENT NOT IN REGULAR MILK

CONTAINS: MILK

**DISTRIBUTED BY HP HOOD LLC
GENERAL OFFICES, LYNNFIELD, MA 01940**

UHT PROCESSED AND HOMOGENIZED AT PLANT
STAMPED ON TOP. BEST BY DATE STAMPED.

LACTAID, THE LACTAID COW DESIGN, SLOGANS,
AND THE DESIGN OF THIS PACKAGE ARE
TRADEMARKS OF MCNEIL NUTRITIONALS, LLC

©MCNEIL NUTRITIONALS, LLC 2021

SHAKE WELL BEFORE SERVING

GLUTEN FREE

**THIS PRODUCT IS UHT PROCESSED TO LAST
LONGER UNOPENED. ONCE OPENED, KEEP
REFRIGERATED AND CONSUME WITHIN 14 DAYS.**

ORIGINAL



8G PROTEIN PER SERVING

ORIGINAL

SOY



Silk

THE ORIGINAL
NUTRITION
POWERHOUSE™

*IN A DIET LOW IN SATURATED FAT AND CHOLESTEROL,
25 GRAMS OF SOY PROTEIN PER DAY MAY REDUCE
THE RISK OF HEART DISEASE. A SERVING OF SILK
ORIGINAL SOYMILK HAS 8 GRAMS OF SOY PROTEIN.

SOYMILK

64 FL. OZ (2 QTS) 1.89 L

Certified



**HEART
HEALTHY'** ♥

FREE FROM: ✓ DAIRY ✓ GLUTEN
✓ CARRAGEENAN
✓ CHOLESTEROL
✓ ARTIFICIAL COLORS & FLAVORS

Nutrition Facts

About 8 servings per container
Serving size 1 cup (240mL)

Amount per serving
Calories 110

% Daily Value*

Total Fat 4.5g	6%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 2.5g	
Monounsaturated Fat 1g	
Cholesterol 0mg	0%
Sodium 90mg	4%
Total Carbohydrate 9g	3%
Dietary Fiber 2g	7%
Total Sugars 6g	
Includes 5g Added Sugars	10%
Protein 8g	16%

Vitamin D 3mcg 15% • Calcium 450mg 30%
Iron 1.3mg 6% • Potassium 380mg 8%
Vitamin A 150mcg 15% • Riboflavin 0.4mg 30%
Folate 40mcg DFE 10% • Vitamin B₁₂ 3mcg 120%
Phosphorus 220mg 15% • Magnesium 50mg 10%

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INGREDIENTS: Soymilk (Filtered Water, Soybeans), Cane Sugar, Vitamin and Mineral Blend (Tricalcium Phosphate, Calcium Carbonate, Vitamin A Palmitate, Vitamin D2, Riboflavin [B2], Vitamin B12), Sea Salt, Natural Flavor, Gellan Gum.

CONTAINS SOY: Produced in a facility that also processes tree nuts.

Distributed by WhiteWave Foods
Broomfield, Colorado 80021

MUST BE REFRIGERATED. STAYS FRESH 7, 10 DAYS AFTER OPENING.

Love it or your money back.

Visit Silk.com/Lovell or call 888-820-9283 for a full refund. Limit two refunds per household per year.

NOT TO BE USED AS INFANT FORMULA

Diets low in saturated fat and cholesterol, and as low as possible in trans fat, may reduce the risk of heart disease.





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 Grade A vitamins A & D

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Nutrition Facts
 8 servings per container
 Serving size 8 fl oz (240mL)

Amount per serving
Calories 80

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol less than 5mg	2%
Sodium 105mg	5%
Total Carbohydrate 13g	4%
Dietary Fiber 0g	0%
Total Sugars 13g	
Includes 0g Added Sugars	0%
Protein 8g	
Vitamin D 2.5mcg 10%	Calcium 300mg 25%
Iron 0.1mg 0%	Potassium 390mg 8%
Vitamin A 150mcg 15%	

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HALF GAL (1.89L)

INGREDIENTS: SKIM MILK, VITAMIN A PALMITATE, VITAMIN D3. CONTAINS: MILK.
 DISTRIBUTED BY THE KROGER CO. CINCINNATI, OHIO 45202
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67-0972
 0 11110 50239 1

KEEP REFRIGERATED

SKIM fat free milk ^UD

Grade A
vitamins A & D

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Nutrition Facts

8 servings per container
Serving size 8 fl oz (240mL)

Amount per serving
Calories 80

	% Daily Value*
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Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol less than 5mg	2%
Sodium 105mg	5%
Total Carbohydrate 13g	4%
Dietary Fiber 0g	0%
Total Sugars 13g	
Includes 0g Added Sugars	0%

Protein 8g

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Iron 0.1mg 0% • Potassium 390mg 8%
Vitamin A 150mcg 15%

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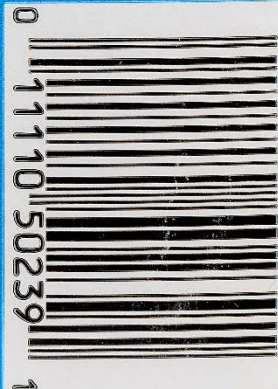
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CONTAINS: MILK.

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87-0972



HALF GAL (1.89L)

KEEP REFRIGERATED



WHOLE vitamin D
milk [Ⓚ]_D
Grade A
homogenized

QUALITY GUARANTEED.
COMMENTS OR QUESTIONS?
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🌐 WWW.KROGER.COM

Nutrition Facts

8 servings per container
Serving size 8 fl oz (240mL)

Amount per serving
Calories 150

	% Daily Value*
Total Fat 8g	10%
Saturated Fat 5g	24%
Trans Fat 0g	
Cholesterol 35mg	11%
Sodium 105mg	4%
Total Carbohydrate 12g	4%
Dietary Fiber 0g	0%
Total Sugars 12g	
Includes 0g Added Sugars	0%

Protein 8g

Vitamin D 2.5mcg 10% • Calcium 290mg 20%
Iron 0mg 0% • Potassium 370mg 8%

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87-0973



HALF GAL (1.89L)

KEEP REFRIGERATED

WHOLE vitamin D milk ^UD

Grade A
homogenized

QUALITY GUARANTEED.
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🌐 WWW.KROGER.COM

Nutrition Facts

8 servings per container
Serving size 8 fl oz (240mL)

Amount per serving
Calories 150

	% Daily Value*
Total Fat 8g	10%
Saturated Fat 5g	24%
Trans Fat 0g	
Cholesterol 35mg	11%
Sodium 105mg	4%
Total Carbohydrate 12g	4%
Dietary Fiber 0g	0%
Total Sugars 12g	
Includes 0g Added Sugars	0%
Protein 8g	

Vitamin D 2.5mcg 10% • Calcium 290mg 20%
Iron 0mg 0% • Potassium 370mg 8%

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87-0973



HALF GAL (1.89L)

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