



7, 8

Nutrition Facts

About 8 servings per container
Serving size 1 oz (28g)

Calories **110**
per serving

Amount/serving % Daily Value*

Total Fat 9g **12%**

Saturated Fat 5g **25%**

Trans Fat 0g

Cholesterol 30mg **10%**

Sodium 180mg **8%**

Vitamin D 0.2mcg 2% • Calcium 200mg 15% • Iron 0mg 0% • Potassium 20mg 0%

Amount/serving % Daily Value*

Total Carbohydrate <1g **0%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 6g

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CULTURED PASTEURIZED MILK, SALT, ENZYMES, ANNATTO (COLOR).





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Nutrition Facts

4 servings per container
Serving size 1 cup (240mL)

Amount per serving

Calories 210

% Daily Value*

Total Fat 8g 11%

Saturated Fat 5g 26%

Trans Fat 0g

Cholesterol 35mg 11%

Sodium 230mg 10%

Total Carbohydrate 25g 9%

Dietary Fiber 0g 0%

Total Sugars 23g

Includes 11g Added Sugars 23%

Protein 8g 16%

Vit D 2.5mg 10% • Calcium 300mg 25%

Iron 0.5mg 2% • Potas 440mg 10% • Vit A 10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: MILK, LIQUID SUGAR (SUGAR, WATER), LESS THAN 1% OF COCOA (PROCESSED WITH ALKALI), CORN STARCH, SALT, CARRAGEENAN, NATURAL FLAVOR, NONFAT MILK, VITAMIN D₃.

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trumoo.com

COMMENTS? 1-800-395-7004

GRADE A • PASTEURIZED • HOMOGENIZED

PLANT # STAMPED ABOVE

KEEP REFRIGERATED

SHAKE WELL

*No significant difference has been shown in milk from cows treated with the artificial growth hormone rbST and non rbST treated cows.





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INGREDIENTS: CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES), SKIM MILK, MILKFAT, MILK PROTEIN CONCENTRATE, WHEY, CALCIUM PHOSPHATE, SODIUM PHOSPHATE, CONTAINS LESS THAN 2% OF MODIFIED FOOD STARCH, SALT, LACTIC ACID, MILK, ANNATTO AND PAPRIKA EXTRACT (COLOR), NATAMYCIN (A NATURAL MOLD INHIBITOR), ENZYMES, CHEESE CULTURE, VITAMIN D3.

CONTAINS: MILK.

FOODS COMPANY
CHICAGO, IL 60601
BEST WHEN USED BY DATE SHOWN



Nutrition Facts

16 servings per container
Serving size
1 slice (21g)

Calories
per serving

60

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 4g	5%	Total Carbohydrate 2g	1%
Saturated Fat 2.5g	12%	Dietary Fiber 0g	0%
<i>Trans</i> Fat 0g		Total Sugars 2g	
Cholesterol 15mg	5%	Includes 0g Added Sugars	0%
Sodium 250mg	11%	Protein 3g	
Vitamin D 1.2mcg 6% • Calcium 340mg 25% • Iron 0mg 0% • Potassium 0mg 0%			

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Nutrition Facts

About 8 servings per container
Serving size 1 oz (28g)

Calories **90**
per serving

Amount/serving **% Daily Value***

Total Fat 6g **7%**

Saturated Fat 3.5g **18%**

Trans Fat 0g

Cholesterol 15mg **5%**

Sodium 210mg **9%**

Vitamin D 0.1mcg 0% • Calcium 200mg 15% • Iron 0mg 0% • Potassium 50mg 0%

Amount/serving **% Daily Value***

Total Carbohydrate 1g **0%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 8g

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: LOW-MOISTURE PART-SKIM MOZZARELLA CHEESE (CULTURED PASTEURIZED REDUCED FAT MILK, SALT, ENZYMES).

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