

# Plan, Shop, Pack List: Cost of Infant Formula

## Ingredients

(For Activity)

- WIC-approved formula (powder, liquid, and ready-to-feed bottles or cans)

## Disposable Supplies

- None

## Prepare before class

- Using masking tape and a permanent marker, write the total price and price per ounce of prepared formula on each of the formula containers. Update these prices every 3 months.
- Fill out the *Cost of Infant Formula Instructions* for each type of infant formula. Redo these calculations every 3 months.

## Equipment

- 6 calculators
- 1 permanent marker
- Masking tape

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## Cleaning supplies

- Hand sanitizer
- Hand soap
- Paper towels
- Dish soap
- Sanitizing wipes or spray
- Trash bags

## First aid supplies

- Antibacterial wipes
- Fabric bandages (multiple sizes including knuckle and fingertip)
- Finger cots
- Disposable gloves

**Educator:** \_\_\_\_\_

**Group Name:** \_\_\_\_\_

**# of participants in group:** \_\_\_\_\_ **Date of lesson:** \_\_\_\_\_

**Notes:** \_\_\_\_\_

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